## **Classic French Baguette**

## **INGREDIENTS**

- 500 grams / 3 ½ cups all-purpose flour
- 360 grams / 1 ½ cups + 1 tablespoon water
- 2 teaspoons salt
- 1 teaspoon instant yeast
- 1 teaspoon honey

## **INSTRUCTIONS**



- 1. **Mix.** Mix all ingredients in a large bowl. Cover the bowl with plastic wrap and let it rest for 15 minutes.
- 2. **Work the dough.** Sprinkle a little more flour on the dough so you can work with it, then stretch and turn the dough, folding it onto itself. Flip it upside down. Do this three times over the course of about 90 minutes.
- 3. **Rise.** With the bowl covered again, let it rest on the counter overnight, or for 12-14 hours.
- 4. **Divide.** The next morning, divide the dough into two or three rectangles. Cover with a towel and let them rest for 45 minutes to 1 hour.
- 5. **Pre-heat** your oven to 500. To get the oven good and hot, start the heat cycle while the dough is resting, especially if you're baking on a baking stone (which is recommended). You need two oven racks for this process; the top one will hold your bread. On the bottom rack, you'll be putting a pan filled with boiling water. The steam it makes gives the baguette its classic crust.
- 6. **Shape the dough**. Stretch each rectangle and fold into a cylinder. Seal the seams and put it seam-down on parchment paper, <u>baguette pans</u>, or a <u>couche</u>. Let the dough rest for another 30 minutes.
- 7. **Score the loaves**. With a sharp knife, make diagonal cuts in each loaf.
- 8. **Add water to oven**. Fill a pan (an 8x8 or loaf pan works great) with boiling water and slide it onto the bottom rack of the oven.
- 9. **Bake**. Decrease oven to 475 and bake for 15 minutes. Remove the water, decrease temp to 450, and bake another 15 minutes.